

Get to Know YOUR Medi-Cal Choices



**If you are new to
Medi-Cal, you need to
choose a Health Plan**



**If you do not choose
a Health Plan, Medi-Cal
will choose one for you**



**To get more information
about a Health Plan, call or
visit the websites below**

San Diego County Medi-Cal Health Plans



Blue Shield of California Promise Health Plan

- 1-855-699-5557
- TTY: 711
- www.blueshieldca.com/promise



Community Health Group

- 1-800-224-7766
- TTY: 1-855-266-4584
- www.CHGSD.com



Kaiser Permanente

- 1-800-464-4000
- TTY: 711
- www.kp.org/medi-cal



Molina Healthcare of California

- 1-888-665-4621
- TTY: 711
- www.MolinaHealthcare.com

To learn more about a Medi-Cal Health Plan:

**Visit Health Care Options at www.healthcareoptions.dhcs.ca.gov
or call 1-800-430-4263 (TTY 1-800-430-7077)**

Benefits Covered by All Health Plans*

Doctors

Specialists

Hospitals

Emergency Care

Urgent Care

Wellness Care

Screenings

Nurse Advice Line

Care Coordination

Health Education

Behavioral Health

Pharmacy

Vision Care

Transportation

Interpreters

Don't have Medi-Cal and want to sign up?

Please call the ACCESS Customer Service Center at 1-866-262-9881



LIVE WELL
SAN DIEGO



Healthy San Diego
Updated on 9/10/2024

ATTENTION: If you speak another language, language assistance services are available to you free of charge. **ATENCIÓN:** Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. **CHŨ Y:** Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. **PAUNAWA:** Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。 **ВНИМАНИЕ:** Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. 注意事項：日本語を話される場合、無料の言語支援をご利用ください。 **LUS CEEV:** Yog tias koj hais lus Hmoob, cov key pab txog lus, muaj kev pab dawb rau koj. ध्यान दें, यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषासहायता सेवाएं उपलब्ध हैं। **ภาษาไทย:** คุณสามารถใช้บริการช่วยเหลือทางภาษาไทยฟรีได้ตลอดเวลาที่คุณต้องการโดยไม่ต้องเสียค่าใช้จ่ายเพิ่มเติม。 **தமிழ்:** உங்களுக்குத் தேவையான மொழிப் பேச்சுச் சேவைகளை இலவசமாகப் பெற முடியும். **فارسی:** اگر شما به فارسی صحبت می کنید، خدمات رایگان پشتیبانی در دسترس شماست. **عربی:** إذا كنت تتحدث